

Health Care Aide

Diploma

Program Objective

The purpose of this program is to enable students to acquire the knowledge and skills required to provide personal care and support services to patients, residents, clients and families in both community and institutional settings.

This program is designed to provide the knowledge and practical skills training required for an employment-ready trained graduate as a Health Care Aide.

Admission Requirements

- Grade 12 or equivalent, or Mature Student Status (19 years of age or older).
- Passing score on literacy test.
- Fluency in English (oral and written);
- Canadian Language Benchmark* scores indicating achievement of a minimum of level 6 in the speaking, listening, and reading tests.
- Physical wellness to complete the practical components of the program;
- Up-to-date immunizations, Criminal Record checks, Adult, Child and Vulnerable Persons Abuse checks

Program Notes

Financial assistance may be available to qualified students.

- To obtain a certificate students must:
- Successfully complete all theory components of the program. In this program, a passing grade is 75% or better in all Units;
- Pass the skills performance demonstrations and testing; with a mark of 75% or better.
- Have current First Aid/CPR Certification
- Have fulfilled all supervised & clinical practicum with a mark of 75% or better
- Pass the Health Care Aide Certification Exam with a mark of 75% or better.

Method of Delivery

- Instructor-led live
- Hands-on skills training in fully equipped Lab
- Six-week practicum placement

Competencies upon Completion

Core Courses

- **Healthcare**
 - Health Care Aide Units 1-9,
 - Certification Exam,
 - Skill training,
 - Basic Life Support level of CPR/First Aid,
 - Food Handler's Certificate,
 - Non-Violent Crisis Management
 - Five weeks hands-on skills training in fully equipped Lab.

- **Health Care Aide Practicum (6 weeks)**

Duties and Responsibilities

- Maintain good working relationships with all members of the health care team.
- Promote safety and work in a safe manner.
- Practice universal precautions and maintain a clean working environment.
- Provide emotional and social support services to patients, clients, residents, and their families.
- Assist with ambulation, proper positioning, mobilization and body alignment as required.(SCHIPP)
- Assist with range of motion exercises and other rehabilitative measures.
- Assist with physical and mechanical lifts and/or transfers.
- Perform laundry tasks: change bed linens, towels.
- Assist with activities of daily living: bathing, dressing, toileting, etc.
- Assist with feeding, dietary planning, meal preparation, food handling, and calculation of fluid intake and output.
- Report and record vital signs: blood pressure, pulse, temperature, respirations, and body weight and height.
- Collect various specimens for required medical tests.
- Work as a supportive health care aide for palliative care and hospice patients.
- Observe and report clinical and treatment findings, and changes in behaviour and ongoing conditions.
- Document all procedures and maintain records.

Personal Attributes Required

Students should be caring, dependable, empathetic, trustworthy, self-motivated, inspirational, conscientious, polite, respectful, culturally diverse, tolerant, patient, reliable, and punctual. They need to possess an interest in working as an integral part of a health care team, with a genuine desire to work and care for the elderly as well as others in the community who need assistance and care support.

Career Opportunities

The training in the Health Care Aide program provides the opportunity to develop the skills needed to assist patients, clients or residents with meeting their physical, emotional and social needs, and activities of daily living, in the following settings: hospitals, personal care homes, and private residences, as well as other health care facilities.

